## SanSpa FIVE STAR \*\*\*\*\* OKOMOUTOEROUJ

## SCENTS FOR THE PLEASURE OF YOUR SENSES

The first role of aromatherapy is to stimulate and reinforce our bodies' natural defenses by inducing a state of relaxation and general well being of the central nervous system.

Natural plant extracts known as essential oils are used for aromatherapy. These oils are made through distillation vapors and the careful extraction or pressurization of the fragrant matter contained in the plants.





